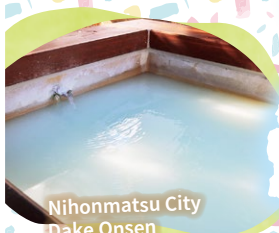


Motomiya City Hana-to-rekishi-no-sato Janohana



Kawamata Town

Kawamata Shamo Oyakodon  
(chicken and egg on rice)



Nihonmatsu City  
Dake Onsen

Otama Village  
Forest Park Adatara



Discover places you want to visit.  
Introducing a total of  
9 model courses!

Fukushima City Hanamiyama Park



Koori Town  
Pizza Making Experience

Experience and Enjoy Nature, Hot Springs,  
Cuisine and More  
in Fukushima



GO NORTH  
to the Ken-poku District

Tokyo 90 mins.



Fukushima Prefecture  
The Ken-poku District



Fukushima City  
Michi-no-eki Fukushima



Date City  
Michi-no-eki  
Date-no-sato Ryozen



Kunimi Town  
Kunimi Burger





# Enjoy Nature

Model Course 1

Take a relaxing trip on the theme of “the real sky” inspired by the poem Chieko’s Sky by Kotaro Takamura about his wife Chieko.

# START



## Mt. Adatarara

Nihonmatsu City

One of the 100 Famous Mountains of Japan, Mt. Adatarara is well known for its autumn foliage.

There is a ropeway that takes about 90 minutes to reach the summit, so even beginners and family groups can enjoy trekking with ease.

**Location:** Okudake Onsen, Nihonmatsu City  
**Inquiries:** Tourism Division, Nihonmatsu City Hall  
**Tel:** 0243-55-5122



About 35 mins.  
by car



## Shiki-no-sato Ryokusuien Motomiya City

This is a stroll garden of about 30,000 tsubo (about 99,000 m<sup>2</sup>) adjacent to the Gohyaku River.

A wide variety of flowers and plants, including cherry and maple trees, bloom in the garden depending on the season, offering a relaxing experience to visitors.

Visitors can also enjoy a barbecues under the open sky.

**Location:** 235 Kawahara, Iwane, Motomiya City  
**Inquiries:** Shiki-no-sato Ryokusuien  
**Tel:** 024-959-6764



About 15 mins.  
by car



## Hana-to-rekishi-no-sato Janohana

Motomiya City

The flowers change with the seasons, and the wisteria blooming in early May, the water lilies from late May to late July, and the autumn leaves from late October to mid-November are particularly beautiful.

Janohana Palace, a registered tangible cultural property of Japan, also stands within the park, and visitors can also enjoy boating and feeding carp.

**Location:** 38 Motomiya-Janohana, Motomiya City  
**Inquiries:** Hana-to-rekishi-no-sato Janohana  
**Tel:** 0243-34-2036







Sake from Motomiya

## Daitengu Sake Brewery **Motomiya City**



Founded in 1872, Daitengu is the only sake brewery in Motomiya City.

The brewery lives in harmony with the local community, producing a wide variety of sake, including its signature brand Daitengu, brewed with locally grown sake rice and subterranean water from Mount Adatara.

**Location:** 18 Motomiya-Kunawa, Motomiya City

**Inquiries:** Daitengu Sake Brewery

**Tel:** 0243-33-2017

**Fukushimaanosake HP**

About 10 mins.  
by car



Fukushima produces a wide variety of high quality, easy-to-drink Japanese sake.



About 10 mins.  
by car

## Prince William's Park **Motomiya City**

This park has an outdoor play area with athletic facilities, an indoor play area where visitors can play in the sand and ride tricycles, and an English garden filled with a wide variety of flowers, which was established after a visit by Prince William of the British Royal Family.

**Location:** 50 Ishigami, Nukazawa, Motomiya City

**Inquiries:** Parks and Greenspaces Section, Urban Development Division, Construction Department, Motomiya City Office

**Tel:** 0243-24-5406

**Tel:** 0243-44-2500 (Indoor playground)



# GOAL

More Places  
You'll Want to  
Visit!



Eat and Destroy  
the Demon Hag  
Onibaba!

## Restaurant Oniba, **Nihonmatsu City** Adachigahara Furusato Village

Visitors can enjoy seasonal flowers in the spacious garden and the cherry blossoms in spring and spider lilies in early autumn are particularly spectacular.

In addition to an indoor playground known as Genki Kids Park, a Children's Pavilion equipped with picture books, a Fuwafuwa Dome, and a variety of outdoor playground equipment, the park also offers a menu of meals based on the famous legend of onibaba (the demon hag).

**Location:** 4-100 Adachigahara, Nihonmatsu City

**Inquiries:** Adachigahara Furusato Village

**Tel:** 0243-22-7474





# Enjoy Food

Model Course 2

Welcome to a Wonderland of Delicious Food in the Ken-poku District!

## Iino UFO Museum

**Fukushima City**

There have been numerous sightings of luminous objects in the Senganmori area in the Iino-machi district of Fukushima City, which is known as the home of UFOs. The museum exhibits research materials on the mysteries of UFOs and other UFO-related materials.

**Location:** 1-299 Kotegamori, Aoki, Iino-machi, Fukushima City  
**Inquiries:** Iino UFO Museum  
**Tel:** 024-562-2002



**Specialty Gourmet Food x Space!**  
Where Diners May Have Close Encounters of the Superb Kind!



**START**

About 10 mins. by car



## Michi-no-eki Kawamata

**Oasis in Silk Road** **Kawamata Town**

The Silkpia Museum offers a wide variety of Kawamata's specialties ranging from Kawamata Shamo chicken to silk products. There is also a restaurant where you can enjoy Kawamata Shamo chicken dishes, a facility where you can experience hand weaving, and a farmers' market for farm products.

**Location:** 13-1 Higashi, Tsuruzawa, Kawamata Town

**Inquiries:** Michi-no-eki Kawamata  
**Tel:** 024-566-5253



About 10 mins. by car



**Iino Entei Park** **Fukushima City**

Iino Entei Park overlooks the Iino Dam, which was formed by damming the Abukuma River, and is well-known as a cherry blossom viewing spot in spring. The park contains playground equipment, rest facilities, and restrooms.

**Location:** 38-1-gai Nagahata, Iino-machi, Fukushima City  
**Inquiries:** Management Section, Public Parks and Greenspaces Division, Fukushima City Office  
**Tel:** 024-525-3765



Kawamata Shamo Oyakodon (chicken and egg on rice)

About 20 mins. by car



## Toge-no-mori Nature Park Soba Noodle Making Experience

**Kawamata Town**

Toge-no-mori Nature Park is a place where people can enjoy nature in many kinds of ways, including camping and barbecues. The walking paths are undulating and surrounded by abundant nature, which allows visitors to work up a sweat while experiencing nature. In this park, you can also get hands-on experience making soba (buckwheat) noodles (reservation required).

**Location:** Kamikiribuse, Iizaka, Kawamata Town  
**Inquiries:** Agriculture and Forestry Promotion Division, Kawamata Town Office  
**Tel:** 024-566-2111



**GOAL**

## Fermentation Tourism

Fukushima Fermentation Tourism is designed based on the concept of "Fukushima Prefecture Brewing Beauty" to attract tourists by drawing on Fukushima's rich fermentation culture. By commercializing Fukushima Fermentation Tourism as a new kind of value-added tourism content that links food and health and disseminating information widely both inside and outside the prefecture, the organizers are aiming to attract people who are interested in health and beauty to visit Fukushima Prefecture in the post-COVID-19 era.



For further information, please scan the QR code.



Kunimi Burger



## Michi-no-eki Kunimi

### Atsukashi-no-sato **Kunimi Town**

At this roadside station, visitors can fully enjoy the bounties of Kunimi Town, including at Kunimi Market—a farmers' market for agricultural produce, where you can buy fresh fruits and vegetables, Restaurant Momohanatei, and Kunimi Burger & Gelateria, where light meals are served.

**Location:** 18-1 Hiwatashini, Fujita, Kunimi Town

**Inquiries:** Michi-no-eki Kunimi Atsukashi-no-sato

**Tel:** 024-585-2132



# START



**Saba Misoni (Mackerel Simmered in Miso)**  
**in a Burger!**  
**Pay a Visit to Kunimi,**  
**a Place Brimming with Fruit and History!**



About 10 mins.  
by car



About  
20 mins.  
by car



### Ubuka-no-sato/Royal Peach Pork **Koori Town**

Ubuka-no-sato is an accommodation-type training facility that also caters to day-trippers who want to enjoy hot spring bathing. The highly alkaline bath water is renowned for its beautifying effects. Take a break from the bustle of daily life and relax in the great outdoors. If you visit in late June, you can see fireflies flying around.

**Location:** 22 Kawabata, Minamihanda, Koori Town

**Inquiries:** Ubuka-no-sato

**Tel:** 024-582-4500



About 10 mins.  
by car



### Atsukashi Sennen Park **Kunimi Town**

This historical park tells the story of the Atsukashiyama (Mt. Atsukashi) fortifications built by the Oshu Fujiwara clan around 800 years ago. In July, the Chusonji lotus flowers that fill the ponds in the park are at their best.

**Location:** 124 Haramae Michishita, Nishioeda, Kunimi Town

**Inquiries:** Local Promotion Section, Planning and

Coordination Division, Kunimi Town Office

**Tel:** 024-585-2967



About 5 mins.  
by car



# GOAL



### The Former Date County Office **Koori Town**

Completed in 1883, this pseudo-Western-style building exudes a romantic historical atmosphere.

The two-story building has a central tower, and its eaves are decorated with decorative rafters and circular corrugated gutters. The windows are sash windows with glass panes, and the building incorporates Japanese-style elements into its quasi-Western-style design. It has been designated as an Important Cultural Property of Japan.

**Location:** 12 Jinya, Koori Town

**Inquiries:** The Former Date County Office, Koori Town

**Tel:** 024-582-5507



### Ubugasawa River

#### Firefly Nature Park **Koori Town**

The Ubugasawa River Firefly Nature Park is home to a colony of genji botaru fireflies that can be seen flying around from the middle of June each year. At the peak of the season in late June, more than 3,000 of these fireflies can be seen in the course of an evening.

**Location:** Kamikawahara, Manjoji, Koori Town

**Inquiries:** General Policy Planning Division,

Koori Town Office

**Tel:** 024-582-2115



# Who Knows What Amazing Treasures You Will Discover in Fukushima, a Prefecture Famous for its Cherry Blossoms and Delicious Foods?



## START

### Hanamiyama Park Fukushima City

This is one of Fukushima City's best-known flower viewing spots, praised by the late photographer Shoto Akiyama as "a real paradise in Fukushima."

In the spring, a wide variety of flowers including forsythia, Someiyoshino cherry blossoms, and peach blossoms all come into bloom at once, and the entire mountain takes on slightly pink hue.



**Location:** Watari, Fukushima City

**Inquiries:** Fukushima City Tourist Information Center

**Tel:** 024-531-6428



About 40 mins.  
by car

Model Course 4

## SPRING



### Ryozon Kosaikan Date City

This is a mountain lodge-style building housing a hotel located at the foot of Mt. Ryozon.

Totally surrounded by natural scenery, it displays a variety of different faces depending on the season. The colorful autumn foliage is especially recommended.

Visitors can stay overnight or take a day trip to enjoy the scenery, take a bath, or have a meal at the restaurant.

**Location:** 9-1 Hoshizawa, Ishida, Ryozon-machi, Date City

**Inquiries:** Ryozon Promotion Public Corporation Ryozon Kosaikan

**Tel:** 024-589-2233



About 2 mins.  
by car



### Ryozon Children's Village Date City

Located in a rich natural environment, Ryozon Children's Village includes an indoor Play and Learn Museum, a campsite, cottages and other overnight accommodation options, ride-on play equipment such as sky cycles and battery cars, as well as a jumbo slide and athletic facilities.

**Location:** 9-1 Hojizawa, Ishida, Ryozon-machi, Date City

**Inquiries:** Ryozon Children's Village

**Tel:** 024-589-2211



### Tsukidate Hana Kobo Date City

Tsukidate Hana Kobo (Flower Workshop) is an accommodation facility located amid satoyama-type natural scenery.

From the windows, you can enjoy a view of the expressive mountains and the clear blue sky. In addition to overnight accommodation, this facility is also available for day-trip bathing, short rests, banquets, and conferences.

**Location:** 7 Terakubo, Shimotoda,

Tsukidate-machi, Date City

**Inquiries:** Tsukidate Hana Kobo

**Tel:** 024-573-3888



About 20 mins.  
by car

About 30 mins.  
by car



### Yanagawa Hachiman Shrine Date City

This shrine has long been revered by the Date family since their arrival in the area. It became famous as the place where the daimyo Date Masamune, who was known as Dokuganryu (the "One-Eyed Dragon of Oshu"), prayed for victory in battle in April 1582.

**Location:** 11 Doniwa, Yawata,

Yanagawa-machi, Date City

**Inquiries:** Yanagawa Tenjinja Shrine

**Tel:** 024-577-0227



## GOAL

### The Large Kaya Tree and Large Wisteria Vine at Shinzan Shrine Kunimi Town

Within the grounds of this shrine you can see a large kaya (Japanese nutmeg yew) tree that is over 500 years old and a large wisteria tree that blooms like a waterfall. The wisteria blossoms are usually at their best around Golden Week.

**Location:** Shinzan-china, Tottori, Kunimi Town

**Inquiries:** Local Promotion Section, Planning and

Coordination Division, Kunimi Town Office

**Tel:** 024-585-2967



More Places  
You'll Want to  
Visit!







## Adatarano-sato Farmers' Market Otama Village

This is a farmers' market that sells a wide variety of delicious food products from Otama Village, and shoppers can know the names of the producers of the items they buy.

At Restaurant Tama-chan next door, you can enjoy set menus, soba noodles, udon noodles, and other dishes made using local ingredients.

**Location:** 10-1 Shinden, Oyama, Otama Village  
**Inquiries:** Adatarano-sato Farmers' Market  
**Tel:** 0243-48-2317



# START

About 15 mins.  
by car



In the Summer,  
Ken-poku Becomes a Huge Outdoor Stage  
Where Everyone Shines in the Sun!

## Fukushima Prefectural Forest Forest Park Adatarano Otama Village

Designed on a theme of coexistence with the forest, this auto-camp ground has power supply-equipped auto parking sites as well as cottages and permanent trailers. There is also a kids' park and a stream park where you can fully enjoy nature, as well as hot spring with high-quality spring water that welcomes day-trippers.

**Location:** 68 Nagakubo, Tamanoi, Otama Village  
**Inquiries:** Forest Park Adatarano  
**Tel:** 0243-48-2040



Model Course 5

# SUMMER



Sweets  
in Motomiya

Souvenirs

About 15 mins.  
by car



## Kasho Kineya Motomiya City

Cheese Roppo-yaki consists of slabs of blended cream cheese sandwiched between two pieces of fluffy dough, baked individually by hand and with a thin crust. Fukuheiso, meaning "navel of Fukushima" is a confectionery from Motomiya City—known as the prefecture's navel as it is located close to its geographic center—is a healthy baked cake made of brown sugar bean paste and millet sugar. Walnuts are used as an accent.

**Location:** 45 Motomiya-Shinomachi, Motomiya City  
**Inquiries:** Kshidokoro Kineya  
**Tel:** 0243-34-2341



Don't Forget  
to Taste the Sweets  
of Motomiya City

For stores other than  
Kineya and Nukamo,  
please see the  
Outing Map.



## Kashidokoro Nukamo Motomiya City

Nukamo is a Japanese and Western confectionery shop that has been in continuous operation since the Meiji era.

Here you can taste sweets made with local ingredients. A special recommendation for visitors is Black tea-flavored karinto, a traditional snack that was served at a Japan-UK summit meeting!

**Location:** 98 Motomiya-Baba, Motomiya City  
**Inquiries:** Kashidokoro Nukamo  
**Tel:** 0243-34-2203



About 5 mins.  
by car



## Mizuiro Park Motomiya City

In this spacious park, visitors will find a variety of large playground equipment, including slides and slope tunnels. There are also a waterfall and a fountain where children can enjoy playing with water, and the park is crowded with many families in summer.

**Location:** 27-10 Motomiya-Baba, Motomiya City  
**Inquiries:** Parks and Greenspaces Section, Urban Development Division, Construction Department, Motomiya City Office  
**Tel:** 0243-24-5406



# GOAL





# Play & Experience

Let Your Hidden Talents Blossom  
in the Ken-poku District!

Model Course 6

Attacking Hard Edition

After an Active Day, Relax at a Hot Spring.



Simulation

## START



### Ebisu Circuit Nihonmatsu City

You can bring your own car and experience drifting and grip driving on a variety of courses, large and small. Of course, it's also OK just to watch. And you can also enjoy full-scale driving simulations.

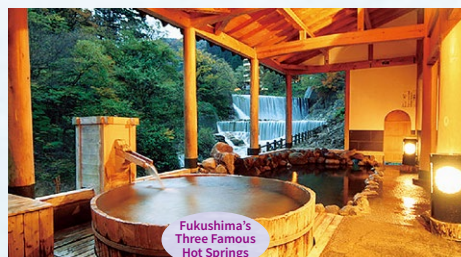
Location: 1 Sawamatsukura, Nihonmatsu City

Inquiries: Ebisu Circuit

Tel: 0243-24-2972



About 30 mins.  
by car



Fukushima's  
Three Famous  
Hot Springs

### Tsuchiyu Onsen

Fukushima City

Tsuchiyu Onsen is located in the western part of Fukushima City, about 16 km from Fukushima Station.

The resort is home to a variety of hotels and inns, including many with hot spring baths, excellent cuisine, and other attractions.

Location: 22-1 Shitano-machi, Tsuchiyu Onsen-machi,  
Fukushima City

Inquiries: Tsuchiyu Onsen Tourism Association

Tel: 024-595-2217



About  
15 mins.  
by car



SUP

### Menuuma SUP Fukushima City

This is a SUP (Stand-up Paddle Surfing) experience tour at Menuuma Pond in the Tsuchiyu Onsen area of Bandai-Asahi National Park.

You can enjoy both SUP and kayaking within the time limit.

Location: Menuuma Pond, Tsuchiyu Onsen-machi,  
Fukushima City

Inquiries: CHANNEL JOURNEY

Tel: 024-572-7460



## GOAL

### Michi-no-eki

Fukushima Fukushima City

This roadside station is located along the Fruit Line.

At the restaurant and food court, visitors can enjoy sweets made from fruits produced in the prefecture and other treats.

Location: 1-1 Tsukizaki, Ozaso,  
Fukushima City

Inquiries: Michi-no-eki Fukushima

Tel: 024-572-4588





Take Your Time to Perfect It Edition

Make Your Very Own One-of-a-Kind Souvenir!



Japanese Paper Making



### Michi-no-eki Adachi (Up Line) Nihonmatsu City Nihonmatsu City Washi Traditional Crafts Gallery

The technology of making high-quality handmade Japanese paper (known as washi) has been in use for more than 1000 years in the Kamikawasaki area of Nihonmatsu City, and this facility was built in order to continue preserving and passing on this traditional craft.

Inside the museum there is a workshop where visitors can observe the process of making washi and even experience making it themselves.

**Location:** 33-1 Kamidaira, Shimokawasaki,  
Nihonmatsu City (Michi-no-eki Adachi (UpLine))  
**Inquiries:** Nihonmatsu City Kamikawasaki Washi  
Folklore Museum  
**Tel:** 0243-61-3200



About 15 mins.  
by car

### Ceramics



### Inoue Pottery Studio Nihonmatsu City

Nihonmatsu Banko-yaki is a style of pottery that is said to have originated in the late Edo period.

After World War II, Inoue Pottery Studio took over as the successor to this tradition.

In addition to selling products, the studio also holds pottery classes.

Why not go along and try your hand at making a unique piece of pottery.

**Location:** 1-456 Niitaki, Nihonmatsu City  
**Inquiries:** Inoue Pottery Studio, Ltd.  
**Tel:** 0243-23-2195



About 5 mins.  
by car



Nihonmatsu City

### Birthplace of Chieko Takamura

Chieko Takamura was a noted Western-style painter and illustrator who was active in the late Meiji and Taisho eras. The house where she was born has been restored to its original appearance and retains an atmosphere of the time when she lived there.

There is also a memorial hall behind the house, where beautiful paper paintings and oil paintings, which were rarely painted by women in those days, are on display.

**Location:** 36 Urushihara-machi, Yui, Nihonmatsu City  
**Inquiries:** Chieko Takamura Memorial Hall  
**Tel:** 0243-22-6151



About 10 mins.  
by car

### Fukushima Traditional Crafts HP

Fukushima is Home to a Wealth of Traditional Techniques.



### GOAL

### Kasumigajo Park

#### Nihonmatsu City

This park is a well-known cherry blossom viewing spot that has been selected as one of the 100 Best Cherry Blossom Viewing Spots in Japan. Around 2,500 cherry trees, mainly of the Someiyoshino variety, bloom stunningly in the park and can also be enjoyed at night.

In addition, Kasumigajo Castle (also known as Nihonmatsu Castle) has been selected as one of the 100 Fine Castles of Japan. Nihonmatsu Castle Information Center, which provides a wealth of information on the area, is also a must-see.

**Location:** 3-Chome-chinai, Kakunai, Nihonmatsu City  
**Inquiries:** Nihonmatsu Tourism Federation  
**Tel:** 0243-55-5122





Like Being in a Foreign Country!  
The Ken-poku District is at the Same Latitude as the Aegean Sea!  
Take a Trip to Enjoy Spectacular Scenery,  
Fantastic Food and Healthy Hot-Spring Bathing.

# Model Course 8 AUTUMN



About 25 mins.  
by car

Fukushima's  
Three Famous  
Hot Springs

## Takayu Onsen

**Fukushima City**

In ancient times, the Takayu Onsen area was called Shinobu Takayu and, together with Zao Takayu and Shirabu Takayu, it prospered as one of three Takayu of what was once known as the northern Ou region. The waters of this spring are well known for their bluish milky color. The natural hot spring water is provided direct from the source as "100% free-flowing hot-spring water" with all its beneficial properties unimpaired.

**Location:** 25 Takayu, Machinawasaka, Fukushima City

**Inquiries:** Takayu Onsen Tourism Association  
**Tel:** 024-591-1125



## Mt. Ryozen

**Date City**

Mt. Ryozen is the symbol of Date City and is regarded as one of the most outstanding mountains in the Tohoku region. It is also listed as one of the New 100 Famous Mountains of Japan. Visitors to the summit can enjoy light trekking and a spectacular panoramic view that includes the Pacific Ocean.

**Inquiries:**  
General Affairs and  
Disaster Prevention  
Section,  
Ryozen General  
Branch Office,  
Date City  
Office  
**Tel:** 024-586-3406



## Agricultural Park Shiki-no-sato (Village of Four Seasons)

**Fukushima City**

The park is carpeted in expansive lawns and flowerbeds that are filled with seasonal flowers. There is a Crafts Hall where visitors can try their hand at making things by hand, and a covered playground called Komorebi Hiroba.

**Location:** 1-1 Kamisaginishi, Arai, Fukushima City

**Inquiries:** Shiki-no-sato (Village of Four Seasons)

**Tel:** 024-593-0101



About 20 mins.  
by car



# GOAL

**Fukushima City**

## Azuma Sanroku Fukusake Kaido (Lucky Sake Road)

The Azuma Sanroku area in the western part of Fukushima City is home to five breweries that have been attracted to the area and are producing a variety of alcoholic beverages including sake, wine, two types of local beer, and doburuku.

Please visit and enjoy the flavors created by nature, rich agriculture, and pure mountain springwater, which are essential for quality brewing, together with the magnificent nature of the Azuma Mountains.



### 1 Kinsuisho Shiki-no-kura

Sake made at Fukushima City's only sake brewery is carefully prepared using sake brewing rice grown in Fukushima Prefecture!



### 2 Michinoku Fukushima Beer

This brewery is proud of its special craft beer made with natural water from the melting snow of the Azuma Mountains!



### 3 Orara-no-sakaba Junjogura

Nestled in the Tsuchiyu Onsen hot spring area, this brewery specializes in doburuku, which is made in three different flavors using Fukushima's finest Yume-no-kaori rice!



### 4 Winery Azuma Sanroku

The wines made at this winery using water drawn from the beautiful clear streams in the foothills of the Azuma Mountains are full of flavor!



### 5 Yellow Beer Works

Make a toast while raising a glass of craft beer brewed by local rice farmers using ingredients they grew themselves!



\*Purchasing and eating/drinking are only available at the Bunka-dori Beer Stand.





## Adataro Kogen Ski Resort Nihonmatsu City

Located in the foothills foot of Mount Adataro, this ski resort offers a wide variety of courses designed for skiers of all levels from beginners to advanced. The snow escalator is very popular with sledders and beginners who are just starting out. Adatarayama Okudake-no-yu Onsen, a hot spring facility right next to the slopes, is recommended for après-ski.

**Location:** Okudake Onsen, Nihonmatsu City  
**Inquiries:** Adataro Kogen Ski Resort  
**Tel:** 0243-24-2141



About  
30 mins.  
by car

A Winter Trip to Make You Blush with Joy  
and Delight Your Mind and Your Body

# WINTER START

Model Course 9

## Marunaka Farm Nihonmatsu City

Marunaka Farm is a popular sightseeing strawberry farm where visitors can sample a number of different varieties, and there is also a café adjacent to the farm. Depending on the growing conditions and the time of year, you can taste a variety of strawberries, so try to find your favorite variety.

**Location:** 30-1 Muchinouchi, Yui,  
Nihonmatsu City  
**Inquiries:** Marunaka Farm  
**Tel:** 0243-24-8001



Strawberry  
Picking



Marunaka  
Farm



Nihonmatsu  
Marche  
in Nihonmatsu City

About  
20 mins.  
by car

About 20 mins.  
by car

## Dake Onsen Nihonmatsu City

This hot spring resort has been in existence since the Heian period (late 8th to late 12th century) and is nestled in the mountains. The spring water at Dake Onsen is "acidic," which is rare in Japan, and is considered to be highly sterilizing and good for the skin. This resort is also famous for its "milky day," when the deposits that form on the pipes drawing hot water from the source are removed, causing the water to turn a milky white color.

**Location:** 1-16 Dake Onsen, Nihonmatsu City  
**Inquiries:** Dake Onsen Tourism Association  
**Tel:** 0243-24-2310



# GOAL



Compare and  
Enjoy♪

Souvenirs

Nihonmatsu City

## Sake from Nihonmatsu

Nihonmatsu City is home to four sake breweries, each of which has won numerous national and international awards including Annual Japan Sake Awards. Each of these breweries produces delicious sake with its own unique characteristics. Please give them all a try.



Daishichi  
Sake Brewery



Ninki Shuzo



Himonoya  
Sake Brewery

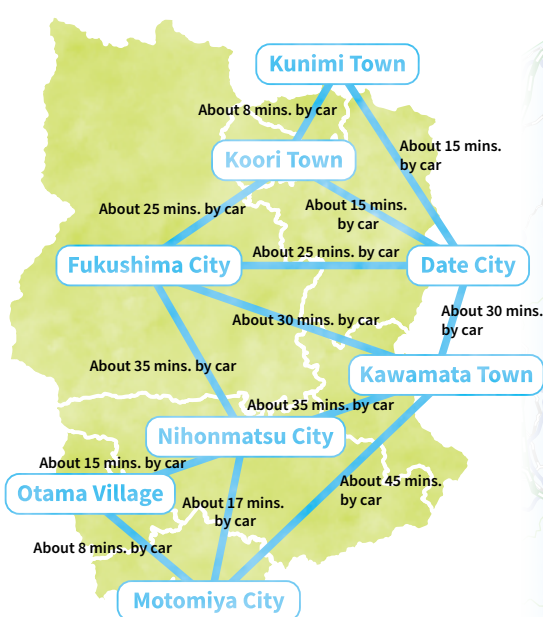


Okunomatsu  
Sake Brewery





# ACCESS



\*Approximate travel times required between various city/town/village offices



From  
Tokyo

**Train:** Tohoku Shinkansen Tokyo—Fukushima, about 1 hr. 35 mins.

**Car:** Tohoku Expressway, Urawa—Fukushima Nishi, about 2 hrs. 40 mins.

**Bus:** Shinjuku—Koriyama, about 4 hrs./Shinjuku—Fukushima, about 5 hrs.

From  
Osaka

**Plane:** Osaka International (Itami) Airport—Fukushima Airport, about 1 hr. 5 mins.

Fukushima Airport—Fukushima Station (bus, Shinkansen), about 1 hr. 30 mins.

**Train:** Tokaido Shinkansen and Tohoku Shinkansen, about 4 hrs. 20 mins.

**Car:** Meishin and Tomei Expressway, Suita—Tokyo/Tohoku Expressway, Urawa—Fukushima Nishi, about 10 hrs.

**Bus:** Abenobashi—Fukushima about 12 hrs.

From  
Aizuwakamatsu

**Train:** JR Banetsu West Line, Aizuwakamatsu—Koriyama/  
JR Tohoku Line, Koriyama—Fukushima, about 2 hrs.

**Car:** Banetsu Expressway, Aizuwakamatsu—Koriyama JCT/  
Tohoku Expressway Koriyama JCT—Fukushima Nishi, about 1 hr.



Check  
Area map

## Fukushima Prefecture Ken-poku Development Bureau

960-8670 2-16 Sugitsuma-cho, Fukushima City, Fukushima Prefecture  
(Fukushima Prefectural Government North Office Building 4F)

TEL 024-521-2658

(Community Development, Commerce, Labor Administration Division, Planning,  
Commerce and Industry Department, Ken-poku Development Bureau)

